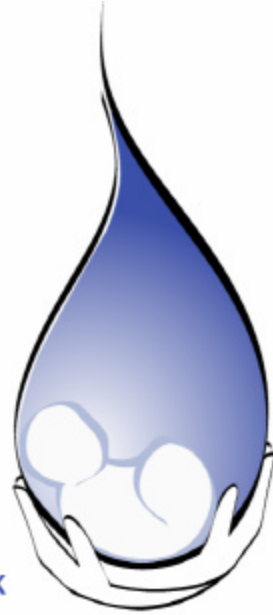


CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Resource List



Dedication

We dedicate this Resource Guide to the Central New York families who have suffered the tragedy of the loss of a pregnancy or infant. It is our sincere hope that the enclosed information will serve to support them as they struggle with their sadness to find a new peace.

In their memory,

The Central New York Perinatal and Infant Bereavement Network



CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK

August 2007

Dear Care Providers,

We are pleased to be sending you our first Resource List for families who have experienced Perinatal or Infant death. This listing has been compiled by the recently formed **Central New York Perinatal and Infant Bereavement Network** (CNY-PIBN), a group of professionals and community members committed to providing the best possible care and support to bereaved families in the Central New York region. We formed the CNY-PIBN in 2005 after recognizing that we needed a central organization and coordinating group to integrate the collective efforts of many who serve these families in need. This resource book is a first product of our efforts. We hope that it is useful for you and those you serve.

We are sending you this resource list in the hopes that you will copy the appropriate pages and give them to families in need. The pages are organized by county, and there is also a listing for national organizations. We have tried to insure that the information is accurate; however this does not imply our endorsement of these services. Electronic format of this resource book can be sent to you via email if you contact us (see below). If you are aware of services and providers that are not listed here, please let us know so that we can add them to this book. We plan on updating our electronic listings on an on-going basis with redistribution as needed.

We are most grateful to Renée Arsenault for designing our beautiful logo. She can be reached at renee@inspiring-design.com We are also grateful to those who attended meetings to assist in production of this resource guide as well as to Hospice of Central New York and Crouse Hospital's Regional Perinatal Program for financial support. You can contact us through Janet Press at Crouse Hospital, janetpress@crouse.org.
The founding members,

Cindy Squillace LMSW
Regional Coordinator of the
NYS
Bereavement Services
Center for Sudden Infant
Death at Hospice CNY

Janet Press, BSN, RNC, CT,
Perinatal/ObCoordinator;
Perinatal Bereavement
Services Coordinator,
Crouse Hospital

Denise Côté-Arsenault, PhD,
RNC, FNAP
Associate and Brody
Professor,
University of Rochester
School of Nursing

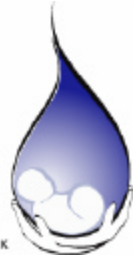
Family Nursing Associates
Manlius, NY

MISSION STATEMENT

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



“The Central New York Perinatal and Infant Bereavement Network is committed to a standard of optimal bereavement care for the Central New York region. We work towards this goal through information sharing, education, parent support, community programs, and referral services for bereaved families and care providers. “



BROOME COUNTY

Name of Agency or Service: HALOS (“Help After Loss”) Joyce Humphrey

Address: P.O. Box 275, Port Crane, NY 13633

Contact Information: 607.639.HALO (4256)

Type of Service: A grass roots, non-profit organization

Questions/Notes:

CNYPIBN provides these resources for support and information for bereaved families. This listing does not imply endorsement of the service nor the ongoing accuracy of the information presented.

BROOME COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Compassionate Friends- Bereaved Parents Group

Address: Nimmonsburg United Methodist Church
918 Front Street, Binghamton, NY

Contact Information: Pam Kroft 607.239.4222 (preferable) or
607.798.5401 (secondary)

Email: pkroft23@yahoo.com

Experience or Training: Bereaved Parent

Type of Service: Peer led group.

Website <http://TCFBC.homestead.com/home.HTML>

Services Provided: Support Group: group meets 1st Monday of each month at
7:00 pm and one Saturday a month at 11:00 am (same
location)

Questions/Notes:

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BROOME COUNTY

Name of Agency or Service: Lourdes Hospice

Address: First Presbyterian Church, 2 Main Street
Johnson City, NY 13790

Contact Information: Janet Saunders 607.798.5375

Experience or Training: Facilitated by social workers with experience in
grief and loss

Type of Service: Drop in Groups: 1st Wednesday of the month 5-6:30
2nd Monday of the month 6-7:30 (men only)
8 week groups: August-July (call for dates)

Questions/Notes:

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BROOME COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Empty Arms- Resolve Through Sharing

Address: Women's Health Center, Wilson Hospital, Picciano
Bldg, 4th Floor, Binghamton, NY

Contact Information: Bert Wilmot or Laurie Phalen: 607.763.6101,
607.763.6111, 607.763.6546

Experience or Training: Nurses with RTS Training

Type of Service: Hospital-based

Services Provided: Support Group: Meets 3rd Wednesday of the
month: 7:00- 9:00 pm
Referrals to private grief counseling
Group is facilitated by professionals; no fees.

Questions/Notes:

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CAYUGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Cayuga County Health Department

Address: 8 Dill Street, Auburn, NY 13033

Contact Information: Susan Frank, BS, PHN: 315.253.1411

Experience or Training: BS Nursing: RTS Training: Several different bereavement/loss workshops over the past 25 years: Home bereavement counselor and interviewer for Mortality, Fetal and Infant Program for Onondaga County 1990-1994

Type of Service: Public Health Review

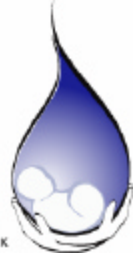
Services Provided: Initial Bereavement Counseling: Referrals,
Literature

Questions/Notes:

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CAYUGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: **Wounded Healers**

Address: St. Joseph's School, 17 Clymer Street,
Auburn, NY, 13021

Contact Information: Jeannette: 315.252.5166 Emergency#: 315.730.9747

Email: whbsg1@aol.com, www.woundedhealers.com

Experience or Training: Certified thanatologists- Jeannette Berretta MSN and Christine
Lloyd MSW

Type of Service: Community Agency

Services Provided: Counseling: Support Group: Referrals: Literature: Bereaved parents group, spouse group, infant loss, teenagers and young adults and general loss. Each with 1-2 facilitators. Meet 1st Tuesday of each month from 7:30- 9:00 pm, all together initially, then break off into separate groups

Other Information: Help and Healing/ Living with Loss- Deacon John Tornandl & Edna Pratt Chaplain's Office, Auburn Hospital: 315.255.7297 and 315.252.8617 Social work staff also on call 24 hours at A.M.H. Hospice of the Finger Lakes, Corporate Dr., Auburn, NY: 315.255.2733 Matthew Binkewicz- Individual and group counseling: Summer camp for children. Lending Library: books, tapes, videos.

Questions/Notes:

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CAYUGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: The Wounded Healers (Office & Counseling Center)

Address: P.O. Box 1123, Auburn, NY 13021

Contact Information: 315.252.5166

Web: www.woundedhealers.com

Experience or Training: Certified thanatologists: nurse and social

Type of Service: Private: non-profit: sliding fee scale

Services Provided: Counseling, Support Group (free) Also teach grief and loss at BOCES 7:30- 9 pm Monthly bereavement support group meetings: 1st Tuesday of each month: Large group first half of meeting, then smaller groups

Other Information: Horseheads (Chemung County) 2nd Tuesday of each month 7:30- 9:00 pm

Questions/Notes:

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CORTLAND COUNTY

Name of Agency or Service: Perinatal Grief Support Group

Address: 134 Home Avenue, P.O. Box 2010 Cortland, NY 13045

Contact Information: Rev. Ina N. Warren: 607.756.3179
Cortland Memorial Hospital: 607.756.3500

Email: iwarren@cortlandhospital.org

Experience or Training: Chaplain / Spiritual Counselor

Type of Service: Hospital

Services Provided: Support Group: Meets 2nd Tuesday of each month at
hospital 7-9 pm

Questions/Notes:

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CORTLAND COUNTY

Name of Agency or Service: Cortland Regional Medical Center–

Spiritual Care Dept.

Address: 134 Home Avenue, Cortland, NY 13045

Contact Information: 607.756.3179

Email: iwarren@cortlandregional.org

Experience or Training: RTS Bereavement Services Training

Type of Service: Hospital

Services Provided: Counseling; Support Group; Referrals

Pastoral counseling to families on an individual basis
and co-led support group

Questions/Notes

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CORTLAND COUNTY

Name of Agency or Service: Family Support Group for Perinatal & Infant Loss

Address: Cortland Memorial Hospital

Contact Information: Stephanie St. John, RN: 607.756.3750

Experience or Training: Bereavement Counseling, Nurse, RTS
Bereavement Services Training

Type of Service: Hospital based

Services Provided: Support Group for families who have experienced the loss of a baby during pregnancy, at birth, or shortly after birth.
2nd Tuesday of each month from 7:00-9:00 pm in Conference Room B (in the basement of the Nursing Facility.)

Questions/Notes:

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JEFFERSON-LEWIS COUNTY

CENTRAL NEW YORK
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Name of Agency or Service: Lewis County General Hospital

Address: 7785 North State Street, Lowville, NY 13367

Contact Information: 315.376.5602 Maternity Unit: Call for referral,
nurses with bereavement training; inpatient support
and by appointment after D/C

Email: obs@lcgh.net

Experience or Training: Currently 3 Individuals trained via the Resolve Through
Sharing Program. Daily Contact with newborns and women
throughout all stages of pregnancy

Type of Service: Hospital based

Services Provided: Counseling; Support Group as needed. Referrals;
Literature

Recommendations: Lewis County Hospice, Lewis County Public Health

Questions/Notes:

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Name of Agency or Service: Hopeful Hearts– Hospice of Jefferson County,
Perinatal Bereavement Project

Address: 425 Washington Street, Watertown, NY 13601

Contact Information: Ken Price: 315.788.7323

Email: kprice@jeffhospice.org

Experience or Training: Head Social Worker

Type of Service: Community Agency– Hospice

Services Provided: Counseling; Support Group; Referrals; North County
Resource Guide available

Other Information: Hopeful Hearts– Meets 2nd Tuesdays of each
month at Hospice of Jefferson County 7-9 pm.
Open to Public; no pre-registration

Questions/Notes:

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JEFFERSON-LEWIS COUNTY

Name of Agency or Service: Samaritan Medical Center– Maternity

Address: 830 Washington Street, Watertown, NY 13601

Contact Information: Cathy Dowe: 315.785.4326

Email: cdowe@shsny.com

Experience or Training: RTS Bereavement Training in pregnancy loss and newborn death

Type of Service: Hospital based

Services Provided: Counseling; Referrals; Provide families with CD, pictures and other Supportive services, including a program for parents with infant loss.

Other Information: Call Hospital or Maternity floor (if not delivering SMC)

Questions/Notes:

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MADISON COUNTY

Name of Agency or Service: Madison County Support Group
(through MADCO DOH Prevent Division/ PCAP/MOMS)

Address: P.O. Box 605, Wampsville, NY 13163

Contact Information: 315.366.2361

Email: csquillace@hospice-pca.org

Experience or Training: Group was established by the Madison County SIDS Reduction Committee for pregnancy or infant loss

Type of Service: NYS SID Center & Madison County Dept. of Health
(on demand)

Services Provided: Support Group; Referrals; Literature; When needed, meets the 3rd Thursday of the month from 6:30-8:00 pm at Church of the Nazarene (Contact Adah Vaughn, Bereavement Nurse MADCO ROH)

Other Information: Home visits through the NYS Center for SID

Questions/Notes:

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ONEIDA, HERKIMER AND EASTERN MADISON COUNTIES

Name of Agency or Service: Hospice and Palliative Care, Inc.

Address: 4277 Middle Settlement Rd, New Hartford, NY.13413

Contact Information: 315.735.6484 or 1-800-317-5661; Megan McKeon,
Patty Shenberger or Linda Clark

Web Page: www.hospicecareinc.org

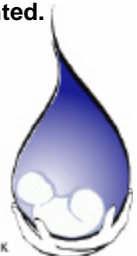
Type of Service: Many support groups are available- specific to type of loss, including a Share group for loss through miscarriage, stillbirth, SIDS. Call for start up dates.

Services Provided: Comprehensive program including: Support Groups; Referrals; Literature, volunteer training.
Visit Web site.

Other Information: Home visits can be arranged through the NYS Center for SID

Questions/Notes:

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ONONDAGA COUNTY

Name of Agency or Service: Family Counseling Ministry

Address: Various Sites

Contact Information: 315.699.7006

Email: www.familycounselingministry.com

Type of Service: Private- Ecumenical Ministry Professional, Pastoral
Counseling

Services Provided: Counseling; Referrals; Sliding fee

Other Information: Several Locations:
Eastern Suburbs– George Van Arnam:
315.415.3757
Syracuse/Fayetteville– Rev. Michael Heath:
315.637.2279 Jennifer Hamblin-Navias:
315.430.6532
Auburn– Denise Frampton-Pearsall: 315.253.4304

Questions/Notes:

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ONONDAGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Marijo Delmore

Address: 1212 James Street, Syracuse, NY 13203

Contact Information: 315.428.8844

Experience or Training: CME courses in grief & loss. Works a lot with women's issues, infant loss and infertility

Type of Service: Private

Services Provided: Counseling

Questions/Notes:

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ONONDAGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Hope for Bereaved

Address: 4500 Onondaga Blvd, Syracuse, NY 13219

Contact Information: 315.475.HOPE (4673)

Email: hope@dreamscape.com

Experience or Training: Peer

Type of Service: Private

Services Provided: Counseling (by appt); Support Group (in person or telephone helpline”); Literature (Newsletter) Hope for Bereaved Parents: Meet in large group first, then breaks into smaller loss specific groups on the 3rd Wednesday of each month from 6:30-8:30pm
: No Cost

Questions/Notes:

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ONONDAGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Keegan-Osbelt-Knight Funeral Home Inc.

Address: 900 N. Salina Street, Syracuse, NY 13208

Contact Information: Patricia (Patty) Knight Scholl 315.422.2534

Email: PKNIGHTSCHOOL@hotmail.com

Experience or Training: I am a New York State Licensed Funeral Director with Experience in infant death and pregnancy loss

Type of Service: Funeral Services

Services Provided: Referrals (if needed) I am able to access most funeral homes in New York State and across the country. I am available to answer any questions or to provide services and referrals.

Questions/Notes:

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ONONDAGA COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service:

Center for Spiritual Care- Upstate Medical University

Address: 750 E. Adams Street, Syracuse, NY 13210

Contact Information: 315.464.4687

Email: www.upstate.edu/uh/spiritualcare

Experience or Training: RTS Trained Chaplains and ADEC Certified
Thanatologists

Type of Service: Hospital

Services Provided: Counseling; Referrals

Other Information: Page us through the Operator,
Contact: Rev. Terry Culbertson, Manager

Questions/Notes:

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CENTRAL NEW YORK
PERINATAL & INFANT
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ONONDAGA COUNTY

Name of Agency or Service: Bayberry Threads of Love

Address: 215 Blackberry Road, Liverpool, NY 13090

Contact Information: Carolyn Vickery, Chapter Coordinator:
315.695.7006

Email: carvick56@yahoo.com, www.threadsoflove.org

Type of Service: Make bereavement clothing for infants
(1lb. to 9 mos.)

Services Provided: Burial Outfits– gown, hat/bonnet, blankets, and
booties

Questions/Notes:

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ONONDAGA COUNTY

Name of Agency or Service: KJ's Angels

Address: 990 7th North Street, Liverpool, NY 13088

Contact Information: Cindy Squillace / Linda Hicks: 315.634.2191

Email: csquillace@hospice-pcs.org

Experience or Training: Peer contacts and professional counseling
available

Type of Service: Private- financial help for burial costs in Onondaga,
Madison, Cayuga, and Oswego Counties– possible if
adequate funds available

Services Provided: Referrals; Literature

Other Information: Also referrals for bereavement

Questions/Notes:



ONONDAGA COUNTY

Name of Agency or Service: Laurie L. Mangicaro

Address: 3229 Isle of Pines, Baldwinsville, NY 13027

Contact Information: 315.638.4615

Email: lmangica@twcny.rr.com

Experience or Training: RTS Bereavement Training; 1 year internship at
Crouse Hospital ER

Type of Service: Private; Social work with incarcerated individuals.
LMSW at Onondaga County Justice Center,
Syracuse, NY

Services Provided: Counseling; Referrals

Other Information: I do not yet have R # and cannot accept insurance

Questions/Notes:

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ONONDAGA COUNTY

Name of Service: Janelouise William, PhD (Individual, Couple, Family Therapy)

Address: 110 Edwards Falls Lane, Manlius, NY 13104-8349

Contact Information: 315.682.9008

Email: AssembleYourLife@twcny.rr.com

Experience or Training: Several years of Masters & Doctoral Research and Clinical Experience (approx 15);
Personal Loss– fetal demise age 22

Type of Service: Private

Services Provided: Counseling

Other Information: Most insurance accepted. Referrals are largely through physicians, funeral directors, nurse specialists and former clients. Hours are flexible– evening and weekend appointments are made available to accommodate working families.

Questions/Notes:

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ONONDAGA COUNTY

Name of Agency or Service: Janis L. Scaturo, L.C.S.W

Address: 5800 Heritage Landing Drive, East Syracuse, NY
13057

Contact Information: 315.471.5677

Experience or Training: 20 years specialty psychotherapy practice with
childbearing loss; infertility; assisted reproduction;
miscarriage; stillbirth; adoption.

Type of Service: Private Psychotherapy Practice

Services Provided: Counseling; individual, couples, family for those who are
coping with a childbearing loss

Other Information: Evening and Saturday appointments available. Most
insurance plans accepted

Questions/Notes:

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ONONDAGA COUNTY

Name of Agency or Service: Mary Radford / NYS Policy– Troop D

Address: P.O. Box 30, Route 5, Oneida, NY 13421

Contact Information: 315.366.6034

Email: mradford@troopers.state.ny.us

Experience or Training: LMSW- 7 years experience working with families dealing with traumatic loss

Type of Service: Government Agency

Services Provided: Counseling; Support Groups; Referrals; Literature; Assistance in completing NYS Crime Victims Board application, accompaniment to court, advocacy for families within criminal justice system, home visits

Other Information: Cover 7 counties in CNY to provide assistance to families whose child is injured or killed as a result of crime. Co-facilitate support group for murder victims' families

Questions/Notes:

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ONONDAGA COUNTY

Name of Agency or Service: NYS Center for SID / Hospice of CNY (Pregnancy and Infant Loss Support Group & Helping Hands, Healing Hearts)

Address: 990 Seventh North Street, Liverpool, NY 13088

Contact Information: 315.634.2191

Experience or Training: Bereavement counselor(s) facilitate meetings; grief therapist

Type of Service: Community Agency

Services Provided: Counseling; Support Group; Referrals; Literature; Group for Children

Other Information: Housed within the Center for Living with Loss at Hospice

Questions/Notes:

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ONONDAGA COUNTY

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BEREAVEMENT NETWORK



ONONDAGA COUNTY

Name of Agency or Service: RTS Perinatal Bereavement Services Program at Crouse

Hospital

Address:

Crouse Hospital, 736 Irving Ave., Room 7124,

Syracuse, NY 13210

Contact Information:

315.470.2768, or 315.470.7372

Email:

JanetPress@Crouse.org

Experience or Training:

Perinatal Bereavement Services Coordinator for 11

years: Certification in Thanatology

Type of Service:

Hospital based comprehensive program; support

for bereaved families during any type of perinatal

loss

Services Provided

Parent Support Group (2nd Thursday of the month at Marley Education Center, Rm 410, please call in advance), Referrals; Literature; Mementos at time of birth, photographs; education for offices / hospitals in Central New York; support literature for Ob offices; Bereavement Trainings for professionals every 2 years (even),

Other Information:

All Perinatal Nursing and Resident staff are trained to support the needs of bereaved families

Questions/Comments

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ONONDAGA COUNTY

Name of Agency or Service: Integrative Counseling

Address: 8167 Route 22, Cicero, NY 13039

Contact Information: Jodi Mullen: 315.699.5123, 315.312.2858
(Private #) www.Integrativecounseling.us

Email: integrativecounseling@verizon.net

Experience or Training: Grief counselors are matched, bases on type of grief
experience or client(s)

Type of Service: Private

Services Provided: Counseling: any ages, children (play therapy),
adolescents, and adults

Other Information Support groups are formed as needed. Jodi is willing to
open their site/services to groups as well as individuals.
Oswego office: 5 West Cayuga St., Oswego, NY
13126, 315.342.9255

Questions/Notes:

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OSWEGO COUNTY

Name of Agency or Service: Integrative Counseling Services

Address: 5 West Cayuga Street, Oswego, NY 13126

Contact Information: 315.342.9255

Email: integrative_counseling@verizon.net

Experience or Training: Grief Counseling– children and adolescents; Match counselor experience to grief of client(s)- not specific to perinatal loss

Type of Service: Private: 18months- adult

Services Provided: Counseling: adults, adolescents, children (play therapy)

Other Information: Website: www.integrativecounseling.us
Support groups are formed as needed. Jodi is willing to open their site/services to groups as well as individuals.
Onondaga County Office: 8167 Route 11,
Cicero, NY 13039 (315.699.5123)

Questions/Notes:

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OSWEGO COUNTY

Name of Agency or Service: Oswego Hospital Maternity Center

Address: 110 W 6th Street, Oswego, NY 13126

Contact Information: 315.349.5572

Email: oswegohospital.com

Experience or Training: Grief support team of nurses, trained through RTS

Type of Service: Hospital, inpatient support

Services Provided: No formal program. Initial counseling provided then follow-up calls. Referral information available.

Questions/Notes:

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OSWEGO COUNTY

Name of Agency or Service: New Life Crisis Pregnancy Center– Project Rachel
(after abortion/counseling place)

Address: 3349 Main Street, Mexico, NY 13114

Contact Information: 315.963.2273 (2-4 Tuesday- Friday) Project
Rachel: 424.3737

Email: www.1-800-995-HELP (4357) emergency only
This is a website that will provide ALL Crisis Pregnancy
Centers in NYS

Experience or Training: Volunteers, “pro-life”

Type of Service: Private, Christian-based

Services Provided: Have to sign a statement of faith to work here; no other
credentials needed. Any faith can use the services. Free
pregnancy test, appointments, info on adoption/abortion,
supportive, referrals for counseling, support

Questions/Notes:

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OSWEGO COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Catholic Charities– Youth Counseling

Address: 365 West 1st Street, Fulton, NY 13069

Contact Information: 315.598.3980 (ask for Counselor-On-Call)

Experience or Training: Mixture of professions - do go through counselor training
2x/year

Type of Service: Community Agency - 5 Programs: Victim intervention;
Family Support Services; School Based Program; Family-
Community Based; Office Based

Services Provided: Counseling; 5-18 year olds, depending on need

Other Information: Services are free - no income level; Requirement -
Oswego county resident

Questions/Notes:

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OSWEGO COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Oswego Hospital Behavioral Services

Address: 74 Bunner Street, Oswego, NY 13126

Contact Information: 315.343.8162

Experience or Training: Margery Hill, LCSW-R; Specializes in grief & loss
Margery is also a Hospice Volunteer

Type of Service: Private (Hospital affiliation) non-profit Medicaid, Managed
Care, Insurances, Self-pay, Sliding fee scale

Services Provided: Counseling

Questions/Notes:

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TOMPKINS COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Hospicare and Palliative Care Services

Address: 172 East King Road, Ithaca, NY 14850

Contact Information: Donna George, LMSW - Bereavement Services

Coordinator: 607.272.0212

Email: dgeorge@hospicare.org, website:

www.hospicare.org

Experience or Training: All types of grief & loss issues

Type of Service: Hospice

Services Provided: Counseling; Support Group; Referrals; Literature
Drop-in bereavement support group meets the 1st and 3rd Wednesdays of each month from 5:30 - 7:00 pm (any loss). Meets at Hospicare building in Ithaca. Bereaved Parents or Grandparents Groups 2nd Tuesday of the month 5:30 – 7:00 pm. Infant loss, not pregnancy loss at present. Peer Run Group - contact Carlo Troise. 607.255.9470.

Other Information: Sliding individual counseling fee scale, no fee for groups, 6 on sliding scale, no one turned away based an inability to pay.

Questions/Notes:

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Tompkins County

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Peer Lead Parent Support Group

Address: (Meets at Hospicare Ithaca) 172 E. King Road,
Ithaca, NY 14850

Contact Information: Carlos Troise: 607.277.3924

Experience or Training: Working to become a Compassionate Friend Chapter

Type of Service: Community Agency (Peer Group)

Services Provided: Support Group: Meets Tuesday evenings at
Hospicare

Questions/Notes:

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Tompkins County

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Mental Health Association of Tompkins County

Address: 518 West State Street, Ithaca, NY 14850

Contact Information: 607.273.9250

Email: www.mhaedu.org

Type of Service: Info & referral - listing of grief therapists
Support group guide - updated once a year

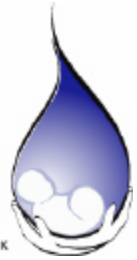
Services Provided: Literature – will mail free of charge

Questions/Notes:

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TOMPKINS COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Tompkins County Health Department

Address: 401 Date Drive, Ithaca, NY 14850

Contact Information: Karen Bishop: 607.274.6604

Email: kbishop@tompkins-co.org

Type of Service: Community-based agency. Phone consults and home visits, Experienced nursing staff.

Services Provided: Self-referral, referrals to appointment, literature, community resources

Other Information: Experienced nurses make home visit for bereavement and referrals

Questions/Notes:

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TOMPKINS COUNTY

Name of Agency or Service: **Suicide Prevention & Crisis Services**

Address: 124 East Court Street, Ithaca, NY 14850

Contact Information: 607.272.1505, 607.372.1616 [crisis line](tel:6072721505)

Email: spcs@verizon.net,

www.suicideprevention.crisisservice.org

Experience or Training: Trained Volunteers for crisis line, after trauma support services, education programs for schools and community groups.

Type of Service: Private, non-profit

Services Provided: Counseling; Referrals; Literature, Post trauma services; 1-3 sessions only; Cayuga Community Role Players - interactive theatre group - mental health issues/education.

Other Information: free

Questions/Notes:

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TOMPKINS COUNTY

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Cayuga Medical Center

Address: 101 Yates Dive, Ithaca, NY, 14850

Contact Information: Director, Maternal/Child Unit, Terri MacCheyne:

607.274.4380

Experience or Training: RTS training

Type of Service: Hospital based, inpatient support

Services Provided: Phone consults, private meetings, referrals

Questions/Notes:

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NATIONAL RESOURCES

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



Name of Agency or Service: Association of SIDS and Infant Mortality Programs

Address: c/o Minnesota SID Center, Children's Hospitals and
Clinics 2525 Chicago Ave S., Minneapolis, MN
55404

Contact Information: 612.813.6285, 612.813.7344 (fax)

Email: Kathleen.fernback@childrenshc.org,
www.asip1.org

Name of Agency or Service: Back-to-Sleep Campaign

Contact Information: 800.505.CRIB (2742)

Email: www.nichd.gov

Type of Service: SIDS info. for parents and professional

Services Provided: To order Back-to-Sleep materials,
please use the 800 number or website

Name of Agency or Service: CJ Foundation for SIDS

Address: The Don Imus-WFAN Pediatric Center, Hackensack
University Med Ctr 30 Prospect Ave., Hackensack, NJ
07601

Contact Information: 888.8CJSIDS, 201.996.5111, 201.996.5326 (fax)

Email: www.cjsids.com

Name of Agency or Service: First Candle / Sudden Infant Death Syndrome Alliance

Address: 1314 Bedford Ave., Suite 210,
Baltimore, MD 21208

Contact Information: 800.221.SIDS (7437), 410.653.8226,
Fax- 410.653.8709

Email: sidshq@charm.net; info@sidalliance.org; or
info@firstcandle.org www.sidsalliance.org

Name of Agency or Service: National Center for Education in Maternal and Child Health

Street Address: 2115 Washington Ave NW, Suite 601, Washington,
DC 20007-2292

Mailing Address: Georgetown University, P.O. Box 571272, Washington, DC
20057-1272

Contact Information: 202.784.9970, 202.784.9777 (fax)

Email: mchlibrary@ncemch.org, www.ncemch.org

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NATIONAL RESOURCES

Name of Agency or Service: National SIDS & Infant Death Program Support Center

Address: 1314 Bedford Ave., Suite 210,
Baltimore, MD 21208
Contact Information: 800.638.SIDS (7437), 410.415.6628,
410.415.5093 (fax)
Email: sidspsc@aol.com, www.sids-id-psc.com

Name of Agency or Service: Nat'l Sudden Infant Death Syndrome Resource Ctr /
Circle Solutions

Address: 2070 Chain Bridge Road, Suite 450, Vienna, VA
22182
Contact Information: 800.638.SIDS (7437), 410.415.6628, 410.415.5093 (fax) c/

Name of Agency or Service: U.S. Department of Health & Human Services

Address: Health Service / Maternal and Child Health Bureau
Parklawn Bldg., Room 18-05, 5600 Fishers Lane,
Rockville, MD 20857
Contact Information: 301.443.2170, 301.443.1296 (fax)
Email: www.mchb.hrsa.gov

Questions/ Notes

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RESOURCES FOR GRIEVING FAMILIES

There are many sources of support available to you. These are just some of the books that have been recommended to us by bereaved families.

PARENTS AND FAMILIES

- A SILENT SORROW Ingrid Kohn, MSW and Patty-Lynn Moffitt. An easy to read book about every aspect of pregnancy loss. Offers information for family, friends and children.
- EMPTY CRADLE, BROKEN HEART Deborah Davis. A sensitive publication dealing with the grief and healing process for families after miscarriage, stillbirth and infant death.
- THE ANGUISH OF LOSS Julie Fritch with Sherokee Isle. A collection of photographed sculptures and prose as seen through the eyes of the authors.
- EMPTY ARMS Sherokee Isle. This book helps the parents understand the grief of the loss of their infant. She also includes other related topics: adoption, termination and SIDS.
- 'AFTER THE LOSS OF YOUR BABY – FOR TEEN MOTHERS' Connie Nykiel. This is a nonjudgmental book filled with wisdom and good solid advice as well as medical terms that may be new to a teen.
- 'MISSCARRIAGE: WOMEN SHARING FROM THE HEART' Shelly Marks, Marie Allen. Interviews of women who have experienced miscarriage.
- 'A PIECE OF MY HEART: LIVING THROUGH THE GRIEF OF STILLBIRTH, MISSCARRIAGE AND INFANT DEATH' by Molly Fumia.
- Stars in the Deepest Night After the Death of a Child by Genesse Bourdeau Gentry. This is not specifically geared to infant death but it contains beautiful poems written about the grief associated with the loss of a child from a parent's perspective no matter what the age or circumstance.
- Treasured In Our Hearts is a beautiful baby memory book by Rebecca A. Nistrath, Speranza Publishing and available at Amazon.com-Borders Bookstore. This is a memory book and journal created for a baby lost in miscarriage, stillborn, or infant death. It's created in a way for parents to write about special moments shared with their child and the time they bonded together throughout pregnancy and possibly once born.
- "DEAR CHEYENNE" by Joanne Cacciatore is on grief that is totally absorbed into a parent's understanding because it is written from a bereaved parent's perspective. It was about the loss of her infant daughter. Available through missfoundation.org.
- "PASSAGES" is a memorial book featuring angels on each page and honoring the children who have died before their time. Available through missfoundation.org.
- "I'LL HOLD YOU IN HEAVEN" by Jack Hayford. Healing and hope fro the parent who has lost a child through miscarriage, stillbirth, abortion or early infant death. Available through aplacetoremember.com

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RESOURCES FOR GRIEVING FAMILIES (CONT.)

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



- "ANGELIC PRESENCE" is by Cathi Lammert and Sue Friedeck who compiled a collection of heart-warming stories from mothers, fathers, and grandparents of children who have died. Available through aplacetoremember.com
- "COMFORT US LORD, OUR BABY DIED" by Norman Hagley is a book of prayers for families who have lost an infant to stillbirth or early infant death. Available through www.centering.org. (Centering Corporation) and aplacetoremember.com.
- "MOMMY PLEASE DON'T CRY: THERE ARE NO TEARS IN HEAVEN". by Linda DeYmaz is written for mothers experiencing the deep sorrow of losing a child. Available through aplacetoremember.com.
- "STARS IN THE DEEPEST NIGHT AFTER THE DEATH OF A CHILD" by Genesse Bourdeau Gentry. This is not specifically geared to infant death but it contains beautiful poems written about the grief associated with the loss of a child from a parent's perspective no matter what the age or circumstance.
- HELP YOUR MARRIAGE SURVIVE THE DEATH OF A CHILD by Paul C. Rosenblatt, Temple University Press, Philadelphia.
- WHEN DINOSAURS DIE: A GUIDE TO UNDERSTANDING DEATH by Laurie Krasny Brown and Marc Brown, 1996 Little Brown and Company distributed by Compassion books.
- STRONG AND TENDER: A GUIDE FOR THE FATHER WHOSE BABY HAS DIED. by Pat Schwiebert, RN, 2003 Perinatal Loss, Portland, OR
- A GRANDPARENT'S SORROW by Pat Schwiebert, RN 2003 Perinatal Loss, Portland, OR

CHILDREN

- THUMPHY'S STORY Nancy Dodge and Sr. Jane Marie Lamb. A story of a rabbit, Thumphy, whose little sister, Run, unexpectedly dies (3-7).
- OUR BABY DIED, WHY? Susan and Jake Erling. A booklet written and illustrated by children that share a brother's feelings, questions and fears about his newborn siblings' death.
- NO NEW BABY Marilyn Gryte. A grandmother tells children that they are not to blame for their expected siblings' death, and that it's okay to ask questions, even if adults don't have all the answers.
- HOW DO WE TELL THE CHILDREN? Dan Schaefer and C. Lyons. A book for parents that offers guidance and information to help families communicate about death.

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RESOURCES FOR GRIEVING FAMILIES (CONT.)

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



SUBSEQUENT PREGNANCY

- STILL TO BE BORN Pat Schweibert and Dr. Paul Kirk. An easy to read book for bereaved parents making decisions about their future pregnancy with the help of personal stories.
- PREGNANCY AFTER A LOSS Abbott Northwestern Hospital. A booklet written by a group of families who have experienced a pregnancy after loss. It offers suggestions on coping with the anxieties and fears of each new pregnancy while acknowledging these are normal feelings.
- TRYING AGAIN: A GUIDE TO PEGNANCY AFTER MISCARRIAGE, STILLBIRTH, AND INFANT LOSS Ann Douglas written for parents considering a pregnancy after a loss.
- THE ADOPTION RESOURCE BOOK Louis Gilman

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RESOURCES FOR GRIEVING FAMILIES / ON- LINE

CENTRAL NEW YORK
PERINATAL & INFANT
BEREAVEMENT NETWORK



These organizations offer a variety of supportive items: newsletters, articles, and information. This is a partial list of resources that we hope you will find helpful during this difficult time.

Centering Corporation and Grief Digest

PO Box 4600
Omaha, NE 68104
(402) 553-1200
(E-mail: [Centering Corp@aol.com](mailto:Centering_Corp@aol.com))
(www.centering.org)

C.L.I.M.B.

Center for Loss in Multiple Birth

PO Box 91377
Anchorage, Aka 99509
907-222-5321
climb@poboxalaska.net

The Compassionate Friends, Inc.

National Headquarters
PO Box 3696
Oak Brook, IL 60522-3696
(708) 990-0010
(www.compassionatefriends.org)

M.E.N.D. (Mommies Enduring Neonatal Death) Christian resource for miscarriage or early infant death. offering a way to share experiences and information. (www.mend.org)

PO Box 1007
Coppell, TX. 75019
972-506-900

A Heartbreaking Choice

www.aheartbreakingchoice.com

This site offers information for parents who have interrupted their pregnancy due to a poor prenatal diagnosis.

MISS Foundation

PO Box 5333
Peoria, Arizona
85385-5333
E-mail info@missfoundation.org

A Place to Remember

(www.aplacetoremember.com)

E-mail
aptr@aplacetoremember.com
1885 University Ave.
Suite 110
Saint Paul, MD, 55104
1-800-631-0973

RTS Bereavement Services

Lacrosse Lutheran Hospital
1910 South Avenue
Lacrosse, WI 54601
(608) 791-4747
(www.gundluth.org/bereave)

SHARE

Pregnancy and Infant Support, Inc.
St. Joseph's Health Center
300 First Capital Drive
St. Charles, MO 63301
(www.nationalshareoffice.com)
(314) 947-6164

Hygeia an Online Journal for Pregnancy and Neonatal Loss
(www.hygeia.com)

EriChad Grief Support

'Loving support for bereaved parents'.
Information, links to other sites, good information.
(www.erichad.com/abc)

Cherokee Child Casket Company

www.cherokeechildcaskets.com
michaelmims@bellsouth.net
1-800-535-8667
www.trisomy18support.org
Information on Trisomy 18, other families' stories, expectant parents' guide, store

www.rowantreefoundation.org

Parent Support, resources,

The Ectopic Pregnancy Trust This is a medically oriented site with extensive information about ectopic pregnancy.

www.ectopic.org**CompassionNet**

Lending library and referral sources in the greater Utica area.
12 Rhoads Drive
Utica, New York, 13502
Phone: 315-731-9639 or 1-877-515-8490
Fax: 315-792-9734
Email: (Jody.Joslin@lifetimehealth.org)

<http://www.txmomsoftinyangels.org/index2.htm>

Resources listed on line
General Info/Jenny Coffey
jennycoffey@txmomsoftinyangels.org

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