

Resources for Grieving Families

There are many sources of support available to you. These are just some of the **books** that have been recommended to us by bereaved families.

PARENTS AND FAMILIES

- A SILENT SORROW Ingrid Kohn, MSW and Patty-Lynn Moffitt. An easy to read book about every aspect of pregnancy loss. Offers information for family, friends and children.
- EMPTY CRADLE, BROKEN HEART Deborah Davis. A sensitive publication dealing with the grief and healing process for families after miscarriage, stillbirth and infant death.
- THE ANGUISH OF LOSS Julie Fritch with Sherokee Isle. A collection of photographed sculptures and prose as seen through the eyes of the authors.
- EMPTY ARMS Sherokee Isle. This book helps the parents understand the grief of the loss of their infant. She also includes other related topics: adoption, termination and SIDS.
- 'AFTER THE LOSS OF YOUR BABY - FOR TEEN MOTHERS' Connie Nykiel. This is a nonjudgmental book filled with wisdom and good solid advice as well as medical terms that may be new to a teen.
- 'MISSCARRIAGE; WOMEN SHARING FROM THE HEART' Shelly Marks, Marie Allen. Interviews of women who have experienced miscarriage.
- 'A PIECE OF MY HEART; LIVING THROUGH THE GRIEF OF STILLBIRTH, MISSCARRIAGE AND INFANT DEATH' by Molly Fumia.
- Stars in the Deepest Night After the Death of a Child by Genesse Bourdeau Gentry. This is not specifically geared to infant death but it contains beautiful poems written about the grief associated with the loss of a child from a parent's perspective no matter what the age or circumstance.
- Treasured In Our Hearts is a beautiful baby memory book by Rebecca A. Niestrath, Speranza Publishing and available at Amazon.com-Borders Bookstore. This is a memory book and journal created for a baby lost in miscarriage, stillborn, or infant death. It's created in a way for parents to write about special moments shared with their child and the time they bonded together throughout pregnancy and possibly once born.

- "DEAR CHEYENNE" by Joanne Cacciatore is on grief that is totally absorbed into a parent's understanding because it is written from a bereaved parent's perspective. It was about the loss of her infant daughter. Available through missfoundation.org.
- "PASSAGES" is a memorial book featuring angels on each page and honoring the children who have died before their time. Available through missfoundation.org.
- "I'LL HOLD YOU IN HEAVEN" by Jack Hayford. Healing and hope for the parent who has lost a child through miscarriage, stillbirth, abortion or early infant death. Available through aplacetoremember.com
- "ANGELIC PRESENCE" is by Cathi Lammert and Sue Friedeck who compiled a collection of heart-warming stories from mothers, fathers, and grandparents of children who have died. Available through aplacetoremember.com
- "COMFORT US LORD, OUR BABY DIED" by Norman Hagley is a book of prayers for families who have lost an infant to stillbirth or early infant death. Available through www.centering.org. (Centering Corporation) and aplacetoremember.com.
- "MOMMY PLEASE DON'T CRY: THERE ARE NO TEARS IN HEAVEN". by Linda DeYmaz is written for mothers experiencing the deep sorrow of losing a child. Available through aplacetoremember.com.
- "STARS IN THE DEEPEST NIGHT AFTER THE DEATH OF A CHILD" by Genesse Bourdeau Gentry. This is not specifically geared to infant death but it contains beautiful poems written about the grief associated with the loss of a child from a parent's perspective no matter what the age or circumstance.
- HELP YOUR MARRIAGE SURVIVE THE DEATH OF A CHILD by Paul C. Rosenblatt, Temple University Press, Philadelphia.
- WHEN DINOSAURS DIE: A GUIDE TO UNDERSTANDING DEATH by Laurie Krasny Brown and Marc Brown, 1996 Little Brown and Company distributed by Compassion books.
- STRONG AND TENDER: A GUIDE FOR THE FATHER WHOSE BABY HAS DIED. by Pat Schwiebert, RN, 2003 Perinatal Loss, Portland, OR

- A GRANDPARENT'S SORROW by Pat Schwiebert, RN 2003 Perinatal Loss, Portland, OR

CHILDREN

- THUMPY'S STORY Nancy Dodge and Sr. Jane Marie Lamb. A story of a rabbit, Thumphy, whose little sister, Run, unexpectedly dies (3-7).
- OUR BABY DIED, WHY? Susan and Jake Erling. A booklet written and illustrated by children that share a brother's feelings, questions and fears about his newborn siblings' death.
- NO NEW BABY Marilyn Gryte. A grandmother tells children that they are not to blame for their expected siblings' death, and that it's okay to ask questions, even if adults don't have all the answers.
- HOW DO WE TELL THE CHILDREN? Dan Schaefer and C. Lyons. A book for parents that offers guidance and information to help families communicate about death.

SUBSEQUENT PREGNANCY

- STILL TO BE BORN Pat Schweibert and Dr. Paul Kirk. An easy to read book for bereaved parents making decisions about their future pregnancy with the help of personal stories.
- PREGNANCY AFTER A LOSS Abbott Northwestern Hospital. A booklet written by a group of families who have experienced a pregnancy after loss. It offers suggestions on coping with the anxieties and fears of each new pregnancy while acknowledging these are normal feelings.
- TRYING AGAIN: A GUIDE TO PEGNANCY AFTER MI SSCARRI AGE, STILLBIRTH, AND INFANT LOSS Ann Douglas written for parents considering a pregnancy after a loss.
- THE ADOPTION RESOURCE BOOK Louis Gilman

WHERE TO FIND RESOURCES

On-line

These organizations offer a variety of supportive items: newsletters, articles, information. This is a partial list of resources that we hope you will find helpful during this difficult time.

Centering Corporation and Grief Digest

PO Box 4600
Omaha, NE 68104
(402) 553-1200
(e-mail: [Centering Corp@aol.com](mailto:CenteringCorp@aol.com))
(www.centering.org)

972-506-9000

The Ectopic Pregnancy Trust

This is a medically oriented site with extensive information about ectopic pregnancy.

www.ectopic.org

C.L.I.M.B.

Center for Loss in Multiple Birth

PO Box 91377
Anchorage, Ak 99509
907-222-5321
climb@poboxalaska.net

A Heartbreaking Choice

www.aheartbreakingchoice.com

This site offers information for parents who have interrupted their pregnancy due to a poor prenatal diagnosis.

The Compassionate Friends, Inc.

National Headquarters
PO Box 3696
Oak Brook, IL 60522-3696
(708) 990-0010
(www.compassionatefriends.org)

M.I.S.S. Foundation

PO Box 5333
Peoria, Arizona
85385-5333
E-Mail info@missfoundation.org
Extensive site ;leader in work on legislation to recognize babies born still.

M.E.N.D. (Mommies Enduring Neonatal Death) Christian resource for miscarriage or early infant death. offering a way to share experiences and information. (www.mend.org)
PO Box 1007
Coppell, TX. 75019

A Place to Remember

(www.aplacetoremember.com)
e-mail
aptr@aplacetoremember.com
1885 University Ave.
Suite 110
Saint Paul,MD, 55104
1-800-631-0973

RTS Bereavement Services

Lacrosse Lutheran Hospital
1910 South Avenue
Lacrosse, WI 54601
(608) 791-4747
(www/gundluth.org/bereave)

SHARE

Pregnancy and Infant Support, Inc.
St. Joseph's Health Center
300 First Capital Drive
St. Charles, MO 63301
(www.nationalshareoffice.com)
(314) 947-6164

Hygeia An Online Journal for
Pregnancy and Neonatal Loss
(www.hygeia.com)

EriChad Grief Support

'Loving support for bereaved parents'.
Information, links to other sites, good
information.
(www.erichad.com/abc)

CompassionNet

Lending library and referral sources in
the greater Utica area.
12 Rhoads Drive
Utica, New York, 13502
Phone: 315-731-9639 or 1-877-515-
8490
Fax: 315-792-9734
Email: (Jody.Joslin@lifetimehealth.org)

<http://www.txmomsoftinyangels.org/index2.htm>

Resources listed on line

General Info/Jenny Coffey
jennycoffey@txmomsoftinyangels.org

Cherokee Child Casket Company

www.cherokeechildcaskets.com
michaelmims@bellsouth.net

1-800-535-8667

Provide vast assortment of caskets
for children to funeral homes.

www.trisomy18support.org

Information on Trisomy 18, other
families' stories, expectant parents'
guide, store

www.rowantreefoundation.org

Parent Support, resources,

P.L.I.D.A.

www.PLI DA.org

Pregnancy Loss and Infant Death
Alliance; National membership
organization, Biannual Conference for
parents and professionals; excellent
Resource Listing